## EAST SIDE UNION HIGH SCHOOL DISTRICT ATHLETIC & CHEERLEADER CODE OF CONDUCT

Each school will have one athletic council consisting of all head coaches, athletic directors and administrators.

## **MISSION STATEMENT:**

We are representatives of ESUHSD athletic department/program. Our purpose is to create uniformity throughout the district, establish district standards, establish district goals, and ensure that athletics and cheerleading is a co-curricular activity and a supplement to the educational process. We will accomplish this by seeing that there is greater communication between stakeholders (parents, community, athletes, cheerleaders, coaches and school staff), and by being accountable (each school will be responsible for the distribution of the athletic and cheerleader code of conduct to the athletes, cheerleaders and his/her parents).

## **CORE VALUES:**

Our goal is to develop the student/athlete and cheerleader to become a productive citizen in society by utilizing teamwork, sportsmanship, physical development, socialization skills and critical thinking skills in a safe educational environment.

## **CODE OF CONDUCT OFFENSES AND RECOMMENDATIONS:**

- A) Player who quits a team without coach's release: Player must sit out the remainder of that sport season including practices with the next sport and the athlete may not suit up. The athlete becomes eligible to compete the second Monday of league play.
- B) Substance abuse: Any athlete or cheerleader found in possession of drugs, alcoholic beverages, alcoholic beverage bottles, (whether empty or full), drug paraphernalia and/or the use, consumption, distribution, and/or being under the influence of drugs, hallucinogenic drugs, or narcotics, (except when expressly prescribed by a physician) will be declared ineligible for competition or cheering for two weeks upon their return to school. The athlete or cheerleader is responsible to find a substance abuse program and provide proof of rehabilitation.
- C) Theft: For grand theft, immediate suspension from the team and ineligible for athletic or cheerleading participation for 180 school days from the date of infraction. For petty theft, any athlete or cheerleader found guilty will be declared ineligible for competition or cheering for two weeks upon their return to school.
- D) Athlete dismissed from a team: After review with the appropriate athletic director, the athlete must sit out the remainder of that sport season including practices with the next sport and the athlete may not suit up. The athlete becomes eligible to compete the second Monday of league play.
- E) Game ejection: See B.V.A.L. bylaws
- F) Suspension by a coach: Follow these procedures: Coach notifies athlete or cheerleader, parent, athletic director, and administration in writing within 2 school days as to the offense. Letter to include length of suspension, date of occurrence, and any additional stipulations required by the coach before reinstatement.
- G) Athletes or cheerleaders who commit a misdemeanor or felony: Athletes or cheerleaders who commit a misdemeanor or felony during a sport season will receive immediate suspension from the team and are ineligible for athletic participation/cheering for 180 school days from the date of infraction or until acquitted or charges are dropped.

- H) Athletes transferring from one school to another: Athletes transferring from one school to another are required to provide a transfer form signed by the previous school's athletic director and APA before he/she will be allowed to compete. Any sanctions from the previous school will be carried over to the new school.
- I) Infraction carryover to another sport: When an athlete has committed an infraction in one sport, the infraction will be carried over to another sport as long as the following procedures are followed: Coach notifies athlete, parent, athletic director and administration in writing within 1 school day of the offense. Letter to include length of suspension, date of occurrence, and any additional stipulations required by the coach before reinstatement.
- J) School issues resulting in suspensions: (i.e. insubordination, cutting, fighting etc.) APA or advisor will inform the student/athlete or cheerleader that he/she is not allowed to participate for the duration of the penalty and will inform the coach and athletic director of the penalty within 24 hours.
- K) Absence on the day of competition: The athlete or cheerleader must attend at least four periods or classes unless the above is a school-sponsored activity or there is an extenuating circumstance approved by the coach and an administrator.
- L) Athletic trial period: An athlete has a two-week trial period during which he/she may quit an athletic team without penalty. The two-week period begins with the first day of official attendance by the athlete.
- M) An athlete may not start practice with another school sports team until: An athlete may not attend practice with any other team until his/her last league, regional, sectional, or state meet in which the athlete is involved is completed.
- N) Athletes must turn in equipment: Athletes must turn in their equipment or pay for replacement within five school days after completion of his/her season. Athletes who do not comply will be immediately suspended from any team.
- O) An athlete will be allowed to have a rest period: An athlete will be allowed to have a rest period of three school days at the end of the previous sport season before beginning his/her try-outs period without penalty.
- P) Each sport team, cheerleading squad or program will create rules and regulations: Each sport team, cheerleading squad or program will create the rules and regulations of their team/squad and distribute it to the athletes, cheerleaders, parents, athletic directors and administration before enforcement will be supported.
- Q) Smoking: An athlete or cheerleader who is caught smoking or in possession of tobacco will face school discipline consisting of being cited by police, enrolled in a Saturday program and will miss one athletic contest.

The athletic council supports the rules and regulations set down by the individual coach as long as the rules and regulations are within the scope of the school, district, league, CCS and CIF rules and regulations, and the right of that coach to discipline team/squad members accordingly.

Student Signature	Date	Parent Signature		
Print Student Name	ID #	Print Parent Name	Date	